



Jacksdale Primary and Nursery School

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Head Teacher: Miss J Brockerton

Monday 2nd June 2025

Dear Parents and Carers,

Relationships, Sex and Health Education

At Jacksdale Primary & Nursery School, Relationships, Sex and Health Education (RSHE) is an important part of our work to safeguard pupils and to teach them about positive relationships and healthy lifestyles. Through RSHE pupils develop the knowledge and skills to make healthy choices, look after themselves and others, and importantly to keep safe as they develop through life and adulthood. RSHE prepares pupils for the changes of adolescence and ensures they are equipped to manage these. Our provision of RSHE is delivered in line with our school values.

This year, as in previous years, we have invited a trained, experienced teacher to deliver part of our Relationships, Sex and Health Education to pupils in years 5 and 6 on **Friday 4th July**. Pupils in year 5 will explore the physical and emotional changes of puberty and pupils in year 6 will re-cap on the changes of puberty and also learn about healthy relationships of all kinds, consent, conception and birth. Pupils will also learn the scientific terminology for the main parts of the reproductive organs of humans.

The content of the sessions will be delivered using a variety of methods including group activities, discussion and appropriate excerpts from teaching videos. The sessions are designed to begin to equip your child with the knowledge and skills

to deal effectively with the transition to adulthood. It is hoped that parents and carers will discuss their child's learning with them at home to further their understanding.

The session will be in line with legislation and good practice guidance set out in the DfE RSHE Guidance 2019 and the Equalities Act. The facilitator has enhanced DBS clearance and a member of school staff will be present at all times during the session to enable follow up work within the school.

Due to the interactive nature of the sessions, pupils may ask questions; these will be answered in an honest and factual way appropriate to the age of the pupils involved. The workshop will be delivered in line with the school's policy on Relationships, Sex and Health Education.

We hope that you are supportive of the school's approach to this important area of learning and would welcome you to contact us if you have any questions or comments. In line with current legislation, you have the right to withdraw your child from the Sex Education parts of our programme. The Sex Education elements (consent, reproduction and birth) are delivered in year 6. If you would like to exercise this right please contact the Head Teacher in the first instance to discuss your concerns.

Yours sincerely,

Mrs Davies and Mr Barber